



RAHMS
We want EWE!

RAHMS EXEC UPDATE

5th June, 2009



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From the President

G'day RAHMers,

It was awesome to see so many RAHMS dudes and dudettes at the massage night on Wednesday! A huge thanks to RAHMS Vice-President **Jana Zurawlenko** for organizing the event. This week there are many reminders about upcoming opportunities to win prizes, trips away and other rural goodness so please make sure you take the time to have a good read through this edition!

Enjoy!

Going to NURHC?

With all positions filled at this year's National University Rural Health Conference (NURHC) run by the NRHSN, RAHMS wants to know if you're coming so we can coordinate all the RAHMS crew for the conference. Below is a list of delegates that RAHMS know have acquired funding, if you are not on this list please email nott_sh@hotmail.com to ensure you are included in the preparations for this great event!

RAHMS delegates for NURHC:

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- Hassan Ahmad
- Philippa Bowers
- Melinda Choy
- Leigh Cummins
- Ashleigh Dind
- Jinny Gill
- Darren Irvine – need your email address
- Matthew Irwin
- Laura Kindt
- Samantha Mooney
- Soo Yee Naidoo
- Shannon Nott
- Jad Othman
- Perdi Osborne
- David Prince
- Jordan Sandral
- Robyn Silcock
- Abayasankar Sundaram – need your email address
- Chris Timms
- Aaron Victor

Call for helpers for RAW!!!

Well RAHMS are once again gearing up to organize our most popular event – The Rural Appreciation Weekend. We are looking for 2-3 enthusiastic RAHMmbers that wish to be involved with a subcommittee to get this event up and running. If you are interested or are after further information please email Shannon Nott (nott_sh@hotmail.com).

Went to the NRHA conference in Cairns? Opportunity to win tickets to RAW!

A number of RAHMS members had the opportunity to go to the 10th National Rural Health Conference on May 17-20. If this is you then you have the opportunity to win tickets to RAW 2009! All you have to do to go in the draw is write up a report on the conference and submit it as well as any photos from the conference to [Shannon Nott](#). All reports will be marked by the RAHMS exec and the best report will win tickets to this year Rural appreciation Weekend over October 2-5. This report will also be published in the RAHMS Annual Report at the end of the year.

A member club of



National Rural Faculty Medical Undergraduate Student Bursary 2009

The award is offered by the National Rural Faculty (NRF) of the RACGP to a medical student who is a member of a Rural Health Club at an Australian University. The bursary includes flights, 2 nights accommodation and registration to GP'09 The Conference for General Practice to be held in Perth from 1-4 October 2009.

In order to be eligible for the award, students must write a short essay of no greater than 1000 words in response to a set question.

This year's question is:

"How can rural GPs 'Fill the Gap' in the wide open spaces?"

Applications are now open and must be received **no later than Friday 19th June 2009**. Further information and nomination forms are available online at: www.racgp.org.au/rural/awards

Rural High School Visits in the Hunter Valley

What's that, "you want a **FREE** roadtrip through the Hunter Valley (+/- a wine tour) out of exam time?!"

RAHMS is joining forces with Newcastle (BREAATHHE) and Armidale (NERCHA) for an epic **Rural High School Visit** through the Hunter Valley. Stops include Scone, Aberdeen, Muswellbrook, Singleton and (of course), the Hunter Valley vineyards. We're leaving from Sydney on June 27 and getting back on July 1st (i.e. first few days of uni hols). If you want to be part of the adventure, send a short (preferably sincere, but funny) statement to matthew.irwin1@gmail.com saying why you want to come. A maximum of 6 Medicine or Allied Health students can go from UNSW and best statement (+/- time of delivery) will be the winning criteria. So get typing to nab your spot!

Make sure you send in your statement by 12th June!!!

P.S. If you have a car that you are willing to drive us there in, please let me know and we'll reimburse you ANY associated costs. Also, if you have a source of freebies to give to high school students, then feel free to exploit that! Thanks!

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Opportunity at Yirrkala Health Clinic, NT. 15-19 June

Sally Grainger (NRHSN Nursing Representative) is currently undertaking placement at the Yirrkala Health Clinic in the Northern Territory (approx 800km from Darwin) and has let us know that there is an exciting opportunity for 4 NRHSN members (which includes **all** RAHMS members from any health discipline) to undertake some activities with Indigenous children at the Clinic between 15-19 June while they are undertaking the NT government healthy school aged kids health checks.

The Clinic would love to have some NRHSN members up there to entertain the kids while they are waiting for their check (doing similar activities to what we do at Indigenous Festivals such as playing with stethoscopes and other health professional equipment, maybe some plastering, face painting and health related activities etc, and also sitting in on some of the health check sessions to get a feel for what is happening and improve your clinical expertise.

Unfortunately the NRHSN or RAHMS does not have any funding to contribute, but Sally has kindly offered to share her accommodation free of charge. If you wish to have more information contact Sally. Sally's phone number is 0419 325 723 or email is ramster_sq@hotmail.com

Reminders:

Award for outstanding contribution to Indigenous Communities

Presented by RHWa and NACCHO, \$2500 award, applications due to nott_sh@hotmail.com by Friday 12th June, see past update for more info.

Award for outstanding contribution to Rural Health Club

Presented by Rural Health Workforce Australia, \$2500 award, applications due to your nott_sh@hotmail.com by Friday 12th June, see past update for more info.

Janie Dade Smith Award

1st Prize: \$300 & a book, 2nd Prize: \$150 & a book, 3rd Prize: \$50 and a book, applications due Friday 12th of June to kerryn@nrhsn.org.au, see past update for more info.

For further info on all the above prizes visit
www.nrhsn.org.au/nurhc09awards

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Med student wanted from the Bush

If you are from the country and want to be published in the RACGP Newsletter 'Bush alert' email medical@nrhsn.org.au or see last Exec Update!

Dates for your diary

12 June	Applications close for NURHC 09 awards
12 June	Applications close for Hunter Valley RHSV
19 June	Applications close for National Rural Faculty Medical Undergraduate Student Bursary
27 June-1 July	Hunter Valley Rural High School Visit
9-11 th July	Wakakirri Indigenous festival, Broken Hill
23-25 July	NRHSN Conference (NURHC), Cairns
1-2 September	Deadly Days Festival, Tweed Heads
2-3 September	Deadly Days Festival, Grafton
3-4 September	Deadly Days Festival, Port Macquarie
2-5 October	Rural Appreciation Weekend, Dunedoo

***If you have any suggestions for RAHMS or feedback please email RAHMS Secretary Elise Hickey elise_hickey@hotmail.com

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