



RAHMS
We want EWE!

RAHMS EXEC UPDATE

5th June, 2009



RAHMS
We want EWE!

In this edition:

1. From the President
2. Attention Allied Health Students! DoHA wants to hear from you!
3. RAHMS Panel Speaker session – Semester 2
4. Went to the NRHA conference in Cairns? Opportunity to win FREE tickets to RAW!!!
5. National Rural Faculty Medical Undergraduate Student Bursary 2009
6. Reminders
 - a. Going to NURHC?
 - b. Call for helpers for RAW
 - c. CoNS
7. Dates for your diary

From the President

G'day RAHMers,

A short and sweet one this week... Make sure you check out some of the pics at the end of the report!

Cheers,

Shannon

Attention Allied Health Students! DoHA wants to hear from you!

A message from the CEO of SARRAH

The Department of Health and Ageing (DoHA) has commissioned ARTD Consultants to consult with Allied Health Professionals and Students across Australia.

The Department of Health and Ageing (DoHA) is seeking your views on the following:

- What is the role of Allied Health Professionals in providing healthy lifestyle advice?
- Could the 'Lifescrpts' risk factor resources developed by DoHA for General Practice be used by Allied Health Professionals?

A member club of



Lifescrpts resources are a range of predominantly paper based resources developed for general practitioners to assist them in addressing lifestyle risk factors for chronic disease (i.e. smoking, poor nutrition, alcohol misuse, physical inactivity and unhealthy weight) with patients. The resources include waiting rooms materials, practice guidelines, assessment tools and prescription pads. A more detailed description of the Lifescrpts Program and the Lifescrpts resource kit can be found at <http://www.health.gov.au/lifescrpts>.

Have your say and help us understand the role allied health can play in supporting healthier lifestyles by completing a brief and confidential on-line survey. **The deadline for survey completion is 29 June 2009.**

Click on the following link to access the survey: <http://www.e-valuateit.com/survey/48418473/>

Regards,

Rod Wellington
Chief Executive Officer, SARRAH

RAHMS Panel Speaker Session – Semester 2

RAHMS will be holding a Panel Speaker Session on Rural and Indigenous health Issues in Semester 2 and we want your contribution!!!

If you would like to hear about anything in particular or have a speaker you think would be great, please email nott_sh@hotmail.com

Went to the NRHA conference in Cairns? Opportunity to win tickets to RAW!

A number of RAHMS members had the opportunity to go to the 10th National Rural Health Conference on May 17-20. If this is you then you have the opportunity to win tickets to RAW 2009! All you have to do to go in the draw is write up a report on the conference and submit it as well as any photos from the conference to [Shannon Nott](#). All reports will be marked by the RAHMS exec and the best report will win tickets to this year Rural Appreciation Weekend over October 2-5. This report will also be published in the RAHMS Annual Report at the end of the year.

To enter this competition submit your essay to [Shannon Nott](#) by 19/06.

A member club of



National Rural Faculty Medical Undergraduate Student Bursary 2009

The award is offered by the National Rural Faculty (NRF) of the RACGP to a medical student who is a member of a Rural Health Club at an Australian University. The bursary includes flights, 2 nights accommodation and registration to GP'09 The Conference for General Practice to be held in Perth from 1-4 October 2009.

In order to be eligible for the award, students must write a short essay of no greater than 1000 words in response to a set question.

This year's question is:

"How can rural GPs 'Fill the Gap' in the wide open spaces?"

Applications are now open and must be received **no later than Friday 19th June 2009**. Further information and nomination forms are available online at: www.racgp.org.au/rural/awards

Reminders:

Going to NURHC?

With all positions filled at this year's National University Rural Health Conference (NURHC) run by the NRHSN, RAHMS wants to know if you're coming so we can coordinate all the RAHMS crew for the conference. Below is a list of delegates that RAHMS know have acquired funding, if you are not on this list please email nott_sh@hotmail.com to ensure you are included in the preparations for this great event!

RAHMS delegates for NURHC:

- Hassan Ahmad
- Philippa Bowers
- Melinda Choy
- Leigh Cummins
- Ashleigh Dind
- Jinny Gill
- Darren Irvine
- Matthew Irwin
- Laura Kindt
- Samantha Mooney
- Soo Yee Naidoo
- Shannon Nott

A member club of



- Jad Othman
- Perdi Osborne
- David Prince
- Jordan Sandral
- Robyn Silcock
- **Abayasankar Sundaram – need your email address**
- Chris Timms
- Aaron Victor

Call for helpers for RAW!!!

Well RAHMS are once again gearing up to organize our most popular event – The Rural Appreciation Weekend. We are looking for 2-3 enthusiastic RAHMmbers that wish to be involved with a subcommittee to get this event up and running. If you are interested or are after further information please email Shannon Nott (nott_sh@hotmail.com).

Dates for your diary

12 June	Applications close for NURHC 09 awards
12 June	Applications close for Hunter Valley RHSV
19 June	Applications close for National Rural Faculty Medical Undergraduate Student Bursary
19 June	Deadline to get report for NHRC to Shannon Nott
27 June-1 July	Hunter Valley Rural High School Visit
9-11 th July	Wakakirri Indigenous festival, Broken Hill
23-25 July	NRHSN Conference (NURHC), Cairns
1-2 September	Deadly Days Festival, Tweed Heads
2-3 September	Deadly Days Festival, Grafton
3-4 September	Deadly Days Festival, Port Macquarie
2-5 October	Rural Appreciation Weekend, Dunedoo

***If you have any suggestions for RAHMS or feedback please email RAHMS Secretary Elise Hickey elise_hickey@hotmail.com

A member club of



RAHMS Out and About!



Some RAHMS members in Coonamble at VibeAlive



Teaching the kids about health with the aid of 'Gutsy Gus'

A member club of





Learning how to plaster at clinical skills



An oldie but a goodie – RAW 08

A member club of

