



**RAHMS**  
We want EWE!

# RAHMS EXEC UPDATE

17 August, 2009



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## RAHMS has a new website!!! Check it out!!!

The 2009 RAHMS Exec have been working incredibly hard to produce an awesome new website for RAHMS which will be your one stop shop of RAHMS events and other info. Special thanks to **Matt Irwin** who has worked so hard to get this off the ground.

Check it out at [www.rahms.org.au](http://www.rahms.org.au)

## RUMS RUBIKS Cube Harbour Cruise – September 11

RUMS (RAHMS, UNSW Medsoc, MIRAGE and SUPA) are combining to hold the cruise event of the year! Join med and allied health students from across the state for what will be an amazing night out on Sydney Harbour.

**When:** Friday 11th September, 2009

**Time:** 6:15pm for a 6:30pm start @ King St Wharf

**Cost:** \$40 for 3 hours of cruising, unlimited alcohol + food

**How can I get my tickets:** RAHMS will be selling tickets after lectures in the next couple of weeks. You can also purchase tickets from Jessica Chudleigh (Room 327, Samuel's Building) at any time within business hours on Thursdays

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and Fridays. Be quick though, there are only limited numbers and tickets are selling fast!!!

[More...](#)

### **RAHMS Clinical Skills Night – September 16**

Here it is once again, the second RAHMS Clinical Skills night for 2009!!! RAHMS runs clinical skills sessions twice a year teaching students basic clinical skills involving preparing back slabs, suturing, cannulation and using sphygmomanometers. Due to room constraints and OHS issues, we cap this event to 60 people per session – that's why we run two each year!

**There are six spots still available for this event.** If you are interested in attending this event please email Shannon Nott ([nott\\_sh@hotmail.com](mailto:nott_sh@hotmail.com)) with your name, year of study, contact number and email address.

### **Westpac RDAA Medical Student of the Year 2009**

Applications are now open for the Westpac RDAA Medical Student of the Year 2009. Applications are open to all medical students currently studying at an Australian University who have contributed to advancing the objectives of the RDAA, which focus on advancing the health of Australian living in rural and remote communities through the provision of a vibrant and sustainable medical workforce. The Westpac RDAA Medical Student of the Year 2009 will receive up to \$2000 to support them in a rural health focused project (including a rural placement).

You can either enter yourself or nominate someone else to win this award.

For further info go to:

[http://www.nrhsn.org.au/site/index.cfm?PageMode=indiv&module=NEWS&page\\_id=155732&leca=231](http://www.nrhsn.org.au/site/index.cfm?PageMode=indiv&module=NEWS&page_id=155732&leca=231)

### **Conference Opportunities**

The NRHSN receives funding from the Commonwealth Department of Health and Ageing (DoHA) to fund NRHSN student members attend Conferences of National Significance (CoNS). CoNS is a great way for you to be able attend a conference where you will be able to network and gain the great experience and knowledge that you may not have been able to afford as a student!

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There are many great conferences coming up in September and October. We have limited spaces for the conferences listed below. Applications need to be in 6 weeks ahead of the conference. For more information on this program and application forms use this link.

<http://www.nrhsn.org.au/site/index.cfm?display=39664>

### - Allied Health Students

**4<sup>th</sup> NSW Allied Health Conference**, taking place in Tamworth from 12<sup>th</sup> -13<sup>th</sup> November – Allied Health Students from Rural Health Clubs in NSW may apply through the CoNS program for one of three places to take part in a panel discussion at the conference. The conference organizers will fund these positions, but the NRHSN will select the panel on their behalf.

### **8th National Allied Health Conference, Canberra, 25-27 October 2009**

**CRANA+ Conference 2009**, Alice Springs, 14-17 November 2009

### - Medical Students

**ACRRM & RDAA - Rural Medicine 2009. Healthy careers. Healthy communities.** Preston, Melbourne, 30 Oct -1 Nov 2009.

### **NRHSN Executive Nominations**

The NRHSN are looking for eager students to apply for their Executive positions for 2010. If you are interested please contact [Kristen Harrison](mailto:kristen.harrison@nrhsn.org.au) or [nrhsn@rahms.org.au](mailto:nrhsn@rahms.org.au). Information on the positions can be found on the NRHSN Website or [here](#).

### **CARAH Cross Cultural Awareness Weekend**

CARAH the Central Australian Remote Aboriginal Health Club will be hosting the annual "Cross Cultural Awareness Weekend"!

**When: Sat 3<sup>rd</sup>- Sun 4<sup>th</sup> October**

+ CPD "Cultural Perspectives Day" Monday 5<sup>th</sup> October -Labour Day (optional extra)

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CCCAW to be held in Alice Springs there will be a number of speakers who will address pertinent cultural issues and speakers to address health professionals specifically. CPD (weather providing) will be collecting bush tucker and hopefully visiting Congress an Aboriginal town health clinic, and perhaps a Remote Clinic.

Accommodation, food (excluding dinners), transport provided. Flights to be organised and paid for by individual/rural health club.

Cost: \$50 for the CCCAW (to be paid by student) \$50 extra for the CPD (seek club sponsorship).

There are only 20 places available to other clubs nationally!

***Expressions of interest are due by Thursday the 20<sup>th</sup> of August (This Thursday!) WE NEED NUMBERS SOON!!!! LAST CHANCE...***

Email: Dianne Thorp on [dianne\\_love@hotmail.com](mailto:dianne_love@hotmail.com)

### **Reminders:**

- NSW Health Rural and Metropolitan Allied Health Placement Grants – due September 17
- LIME Conference 3-4 December - <http://www.limenetwork.net.au/content/student-and-community-bursaries>.
- St Vincent's Grand Rounds – “Rural health: is it an emergency?” 8 September.

### **Dates for your diary**

1-2 September	Deadly Days Festival, Tweed Heads
2-3 September	Deadly Days Festival, Grafton
3-4 September	Deadly Days Festival, Port Macquarie
8 September	St Vincent's Grand Rounds – Rural Health
11 September	RUM Rubiks Cube Cruise
16 September	RAHMS Clinical Skills Night
22 September	Lifeskills Event: Indigenous Health Night

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2-5 October	Rural Appreciation Weekend, Dunedoo
3-4 October	CARAH Cross Cultural Awareness Weekend
3-4 December	LIME Conference
12 October	Lifeskills Event: Mental Health Night

\*\*\*If you have any suggestions for RAHMS or feedback please email RAHMS Secretary Elise Hickey [secretary@rahms.org.au](mailto:secretary@rahms.org.au)

To view this update online or for further information about any other RAHMS activities please visit: [www.rahms.org.au](http://www.rahms.org.au)

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