



RAHMS
We want EWE!

RAHMS EXEC UPDATE

15 September, 2009



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RAW 2009 – few tickets left for RAHMS members

There are only 17 days until RAW!!! So find your inner thrill seeking self and register for this brilliant event!



RAW this year will see 150 uni students invited from all universities across Australia – RAW 09 is going to be huge! Not only is RAW going to allow you to enjoy the beautiful countryside of central-west NSW but will give you an opportunity to experience awesome workshops and exercises as well as allow you to party it up country style at an authentic

bush disco!!!!

To begin the process of registering to RAW 09, please email your name and preferred email address to raw09@rahms.org.au. **BE QUICK APPLICATIONS CLOSE VERY SOON!!!!**

For more information on RAW visit the RAHMS website:
www.rahms.org.au/raw/raw09

Opportunity to be involved in Indigenous Health

Are you interested in Indigenous Health? Well we may have something that will interest you!!! The NRHSN is looking to gather together a group of enthusiastic students from across Australia to work in collaboration with peak Indigenous bodies, the NRHSN Council, Exec and staff to produce an Indigenous Cross-

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cultural Awareness Kit to aid students in preparing for placements in Indigenous communities or to provide young professionals working with Indigenous peoples.

The kit will provide fundamental tips about how to prepare for Indigenous placements, where to go to for advice, give a background into Indigenous history in Australia as well as provide readers with references of where to go for further information.

This is an exciting new initiative of the NRHSN and we want you to be a part of it! If you are interested in participating in this initiative or wish to find out more please email cultural@nrhsn.org.au .

RUMS Harbour Cruise – we want your photos!!!

What a night!!! Would have to be up there with one of the most epic cruise nights since the Titanic! Anyway, RAHMS is looking to throw some brilliant photos up on the RAHMS website and we want you to provide them!

RAHMS Exec will judge your photos and the best photo will win back the cost of your ticket for the harbor cruise!!!

To submit your photos burn them to CD and take them to Jessica Chudleigh, Room 327 Samuel's Building or email them to social@rahms.org.au

Australian Medical Students Journal

You may have already heard about the recently launched Australian Medical Student Journal (AMSJ) through other channels (apologies if you are getting a similar email to this from another source). If you haven't, please visit www.amsj.org for all details. Basically, the AMSJ is the new peer-reviewed national journal for health students to publish their research, reviews, opinions and more. We could tell you more here, but it's all on the website!

We encourage you to consider possible items that you could submit. There is an enormous range of scope in our submission guidelines that will hopefully suit everyone – everything from a 500 word opinion letter to a 3000 word article presenting the results of an original research project. You may like to consider writing and submitting an article relating to rural health, or anything else of particular interest or significance for you. We will be specifically reserving space in the first issue for rural health articles. The closing date for submissions for the first issue is October 15th, which gives you around 5 weeks if you would like to put together a submission. There are many benefits and learning opportunities



that can be gained by getting your work published so early on in your career, so take a look and see if there is an opportunity to submit existing any existing work, or even if you would like to compile something purposefully for publication

Scholarships for Allied Health Students

Services for Australian Rural and Remote Allied Health (SARRAH) currently administers the Rural Allied Health Undergraduate Scholarship (RAHUS) on behalf of the Australian Government Department of Health and Aging. Please see <http://www.sarrah.org.au/site/index.cfm?display=74992> for more details.

It is anticipated that the RAHUS Scheme will be open to receive applications during the week commencing 21 September 2009. We will keep you posted on any developments. Any questions please contact Cristen at alliedhealth@nrhsn.org.au, or SARRAH at sarrah@sarrah.org.au

Rural High School Visits

RAMHS is looking for a number of keen, energetic and passionate health students for its semester 2 rural high school visit!

Heading over the western hills of Sydney to the lovely country of Lithgow, Bathurst and Orange, RAHMS will be visiting high schools for two days in the region to speak to students about a future in health care. We will run workshops with the students, give a presentation about entry and what it is like to be a uni student and answer any question they may have.

Guys this is all expenses paid trip (except meals) and will require you to be away from the 20th till the 21st of October. Note that we are especially looking to bring along some first year medical and allied health students, but anyone can apply to come! Unfortunately we do have limited numbers so please reply ASAP to jordansandral@gmail.com in relation to RHSV II.

Rural Health – become a part of it!

Reminders:

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- NSW Health Rural and Metropolitan Allied Health Placement Grants – due September 17
- LIME Conference 3-4 December - <http://www.limenetwork.net.au/content/student-and-community-bursaries>.
- Funding for conferences available!!! [More](#)
- Australian Rural and Mental Health Symposium

Dates for your diary

16 September	RAHMS Clinical Skills Night
22 September	Lifeskills Event: Indigenous Health Night (TBA)
2-5 October	Rural Appreciation Weekend, Dunedoo
3-4 October	CARAH Cross Cultural Awareness Weekend
3-4 December	LIME Conference
12 October	Lifeskills Event: Mental Health Night
2-3 November	Australian Rural and Mental Health Symposium

***If you have any suggestions for RAHMS or feedback please email RAHMS Secretary Elise Hickey secretary@rahms.org.au

To view this update online or for further information about any other RAHMS activities please visit: www.rahms.org.au

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